



Sample Winter Escape Itinerary

Thursday February 15th	Friday February 16th	Saturday February 17th	Sunday February 18th	Monday February 19th
	6:30-9:00 Healthy Breakfast Buffet	6:30-9:00 Healthy Breakfast Buffet	6:30-9:00 Healthy Breakfast Buffet	6:30-9:00 Healthy Breakfast Buffet
	9 a.m. Group Fitness Trail or Snowshoeing	8 a.m. Sunrise Yoga	9 a.m. Gazebo Yoga	
	11 a.m. Ice Fishing	9 a.m. Smoothie Station		11 a.m. Departure
	12:00-2:00 Lunch Buffet or Boxed Lunch in the Field	10 a.m. Birding Tour	12:00-2:00 Lunch Buffet or Boxed Lunch in the Field	
	1 p.m. Kids Club Scavenger Hunt	12:00-2:00 Lunch Buffet or Boxed Lunch in the Field	1 p.m. Forest Bathing	
3 p.m. Arrival	3 p.m. European Rose Mud Body Wrap (\$345 per person)	2 p.m. Healthy Eating Cooking Class (\$150 per person)	3 p.m. Afternoon Tea Casa Grande	
4 p.m. Castle Rock Sunset Happy Hour		3 p.m. Aromatherapy Foot Treatment (\$135 per person)	1 p.m. Kids Club Dinner & Movie	
6 -9 p.m. Ranch Lodge Dinner	6 -9 p.m. Ranch Lodge Dinner	5 p.m. Wine Tasting (\$150 per person)	6 - 9 p.m. Chef's Tasting Dinner Vermejo Lodge Dining Room	
		6-9 p.m. Chef's Grill		

**Rates include 3 meals daily, all non-alcoholic beverages, non-guided activities including horseback riding, fishing, mountain biking, hiking, skeet shooting, sporting clays, 5-stand and 3D archery, and group fitness.
Excludes: alcoholic beverages, transfers, private guides, spa services, photo sessions.*